



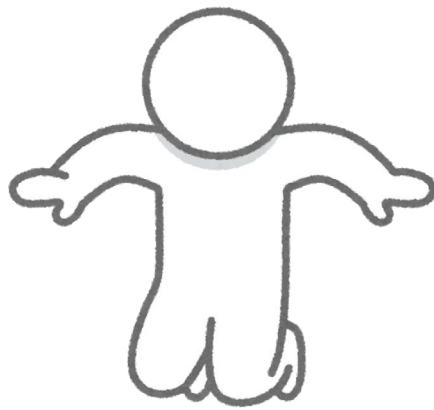
Legg deg ned på
gulvet 2 ganger





2

Hopp 1 hopp





3

Gå 4 runder rundt
en venn





4

Vink 3 ganger til
læreren





5

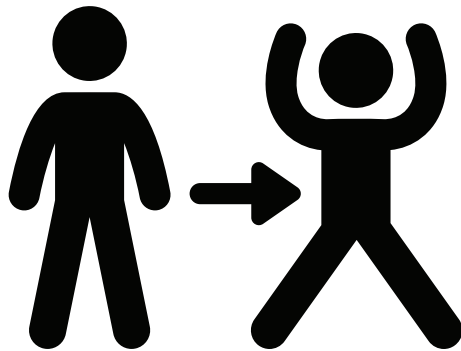
Hold oppe 6 fingre





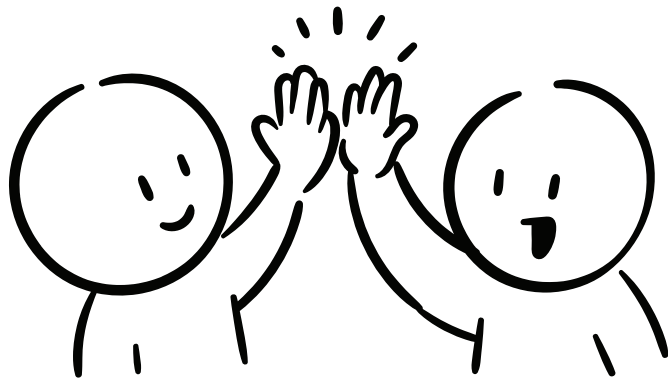
6

Hopp 5 spensthopp



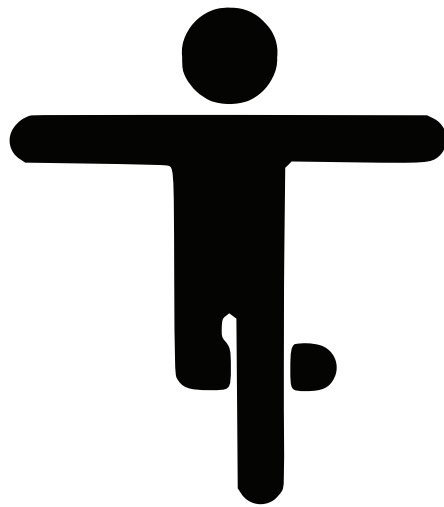


Gi 8 high fives





Hink 7 ganger
på en fot





9



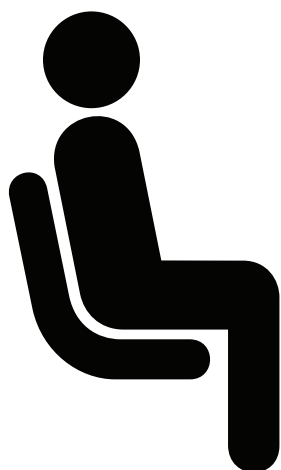
Tell baklengs fra 10

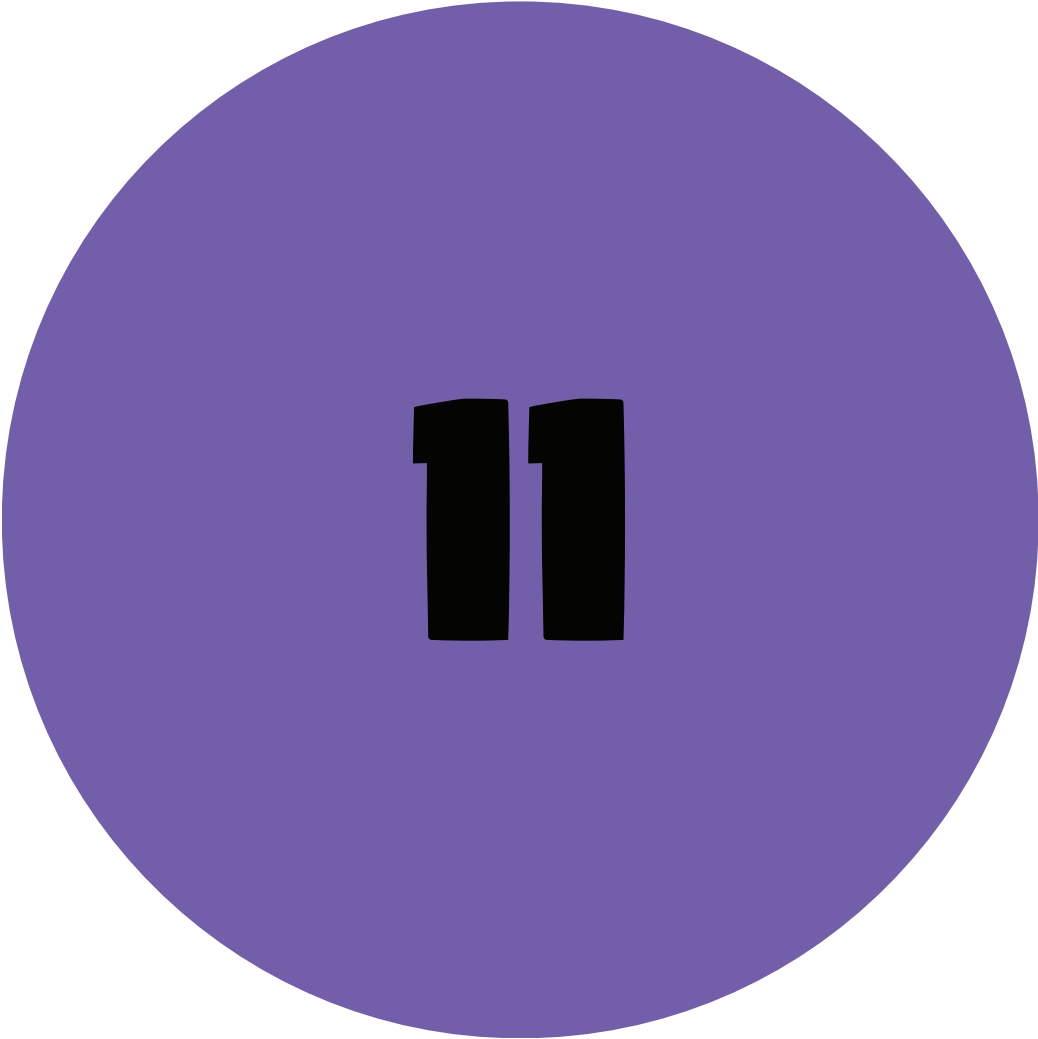
10...9...?



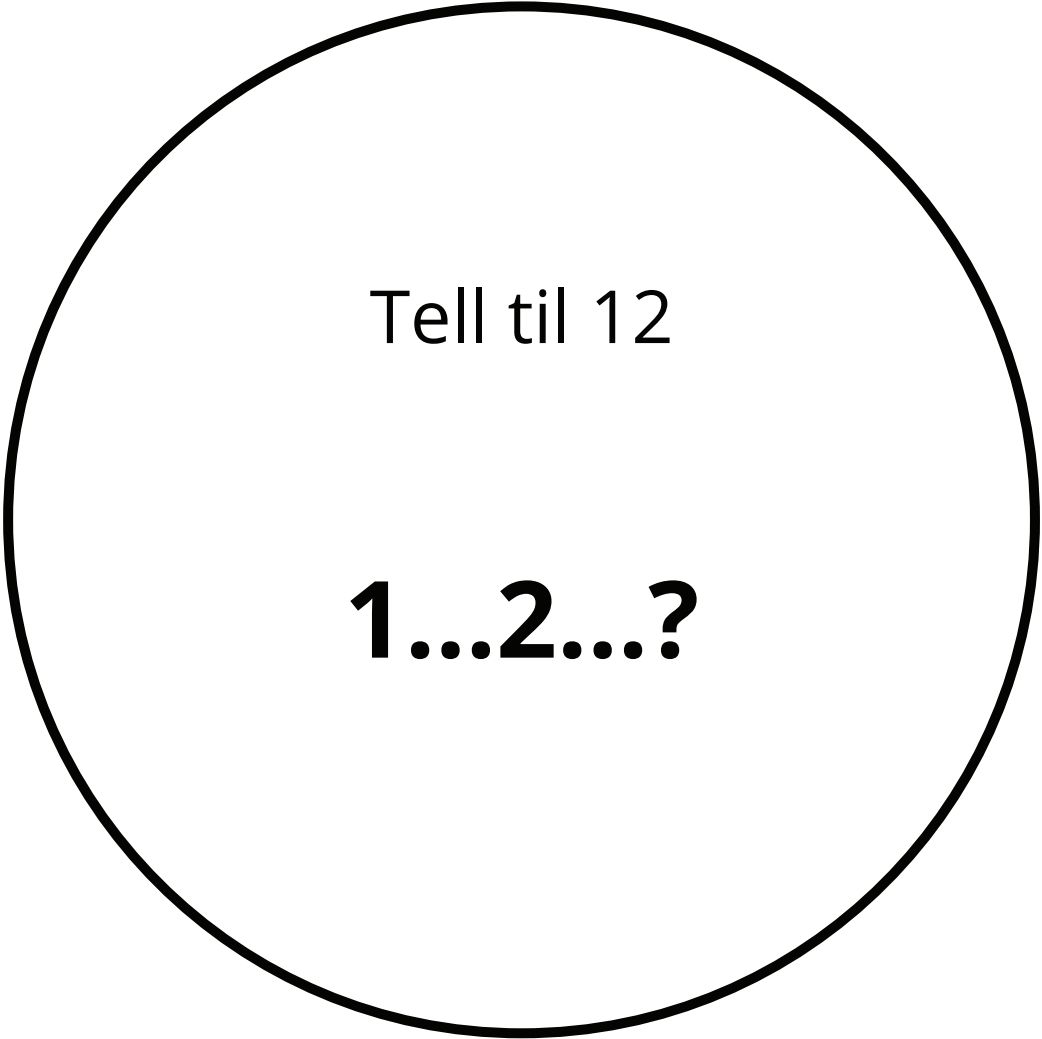
10

Sett deg ned 9
ganger





11



Tell til 12

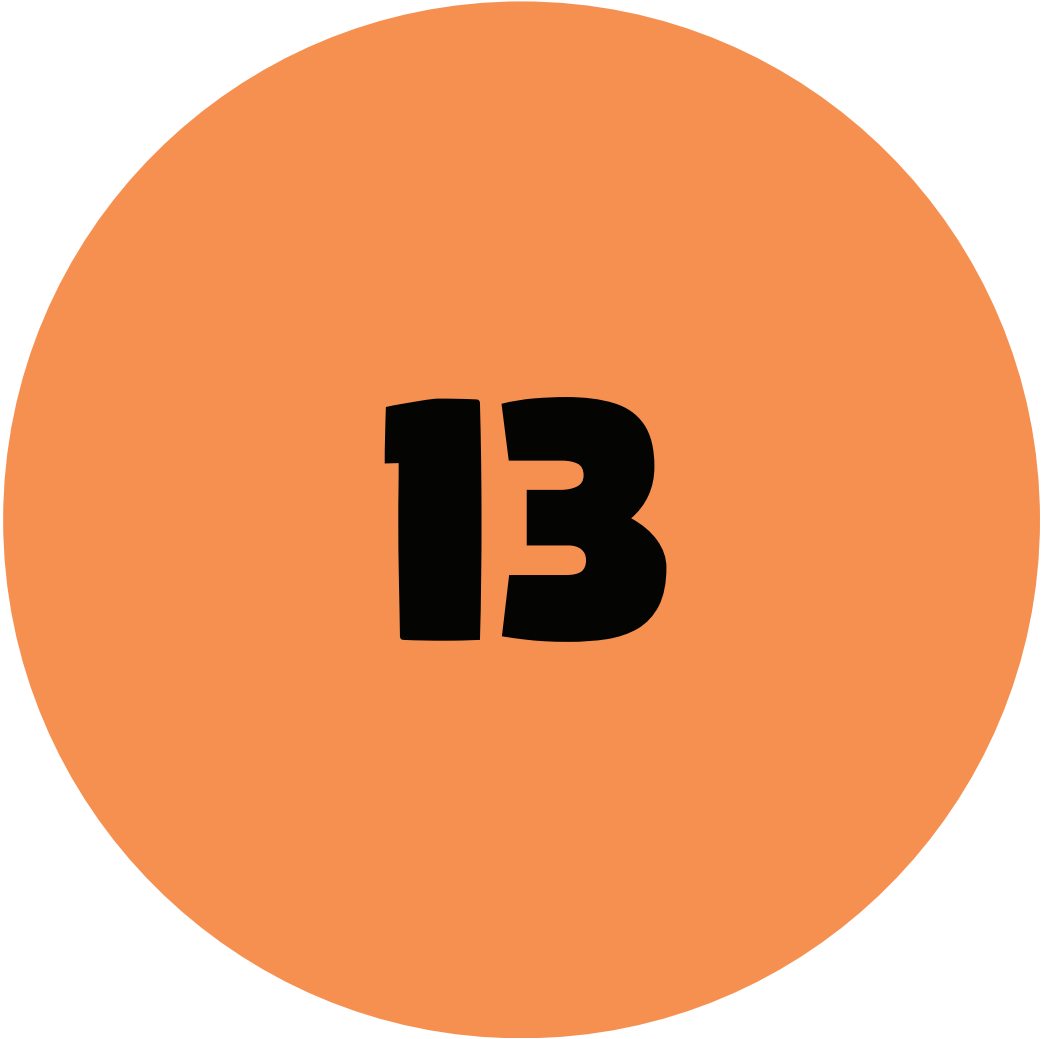
1...2...?



12

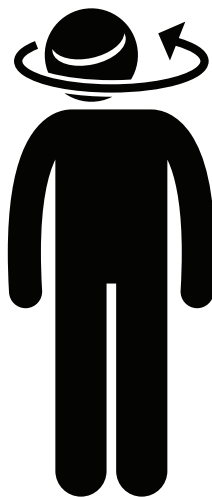
Boks 11 bokseslag på
en usynlig boksesekk.

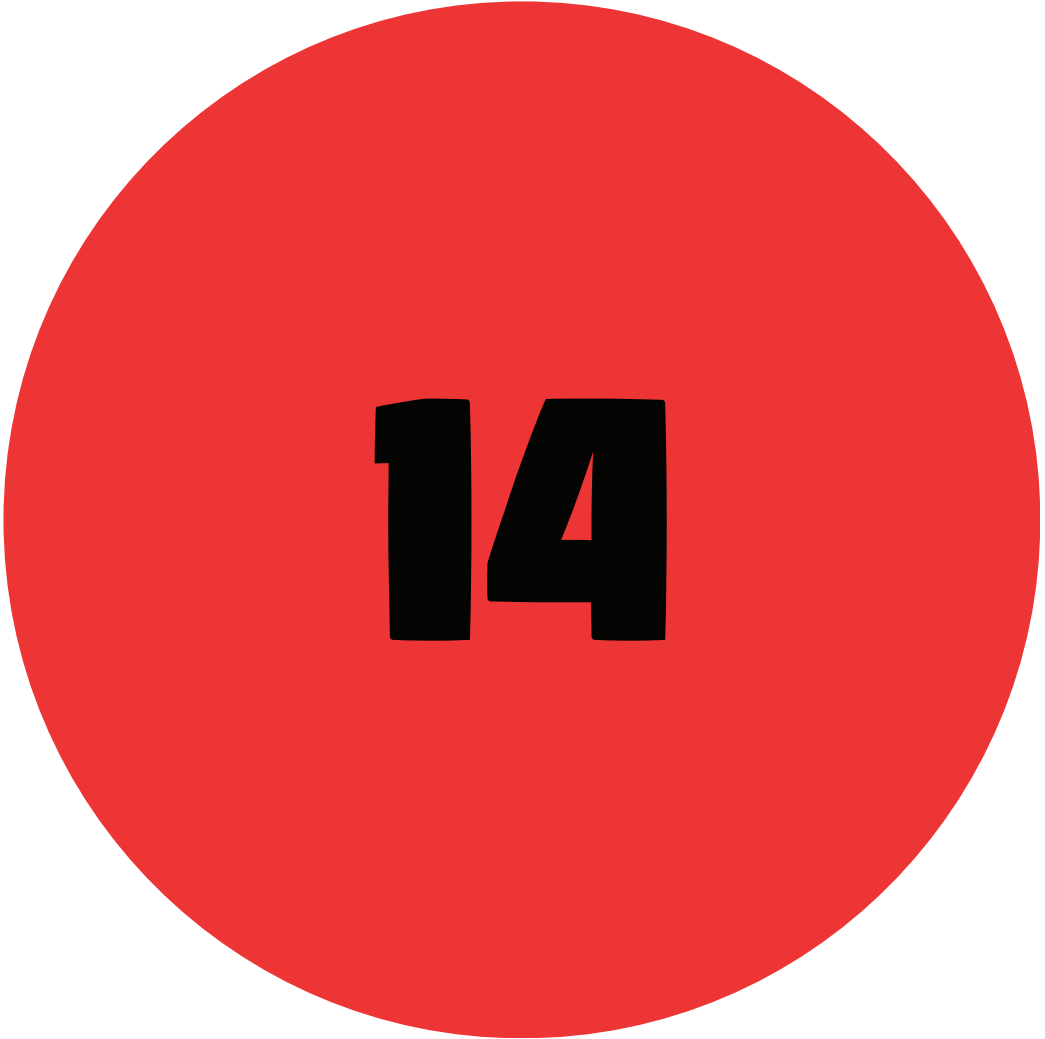


A large, solid orange circle is centered on a white background. Inside the circle, the number 13 is written in a bold, black, sans-serif font.

13

Snu på hodet 14
ganger





14

Spark 13 spark på en
usynlig boksesekk.





15

Klapp 16 klapp





16

Strekk deg så høyt
du kan 15 ganger

